

Tributes and Appreciations

We very much appreciate the support we receive

THANK YOU TO ALL OUR RECENT SUPPORTERS

Fico Finance for their donation
Robert Palmer for donating 10 pounds of whitebait with all proceeds to us (photo below)
The Turf Hotel for money raised from raffles
Tessa Mae's for their donation from display box on counter
Betsy from Hubbers for donating fabric for patient breast bags
Tasman Bay Cruising Club for providing a sailing experience for our January school holiday programme
The Uruwhenua Country Womens Institute for their donation
Ben Grundy for donating money raised from his head shave
Reece Nesbit for donating a portion of his pocket money
Troy Kelso for donating money raised from a raffle (photo below)
Eden and Nola from ANZ Bank Nelson branch for volunteering their time to help with our daffodil bulbs fundraiser, painting hope stones for patients and mailing our newsletter (photos below)
Resene Paints for their generous donation of paints for our Hope Stones for patients

THANK YOU TO OUR REGULAR SUPPORTERS

Stoke Tahunanui Rebus Club for making heart pillows, breast bags and hats
Pip Murdoch for making breast bags
Patricia Aldred for making breast bags
Shirley Arnst for making breast softies
Knit and Natter Group from Summerset for knitting hats for patients
Stoke Tahunanui Inner Wheel, Motueka Inner Wheel, Waimea Nelson Inner Wheel for making silky pillows
Sewing Group for making drainage bags for patients
Richmond Creative Fibre for making knitted knockers and hats
Betty Van Rooyen who comes in every Tuesday to help with various jobs in the office
Robbie Francis and Wendy Cornish for painting and delivering our Hope Stones to the Chemo Clinic and Daffodil House in Christchurch
Brad Jones who cleans our offices each week
Madison Turner from Saint Josephs School who comes in after school one day every week to help with various jobs
Look Good Feel Better Volunteers
Good Bitches Baking for providing baking for our patients and support groups
Dilmah Teas for supplying tea for our support groups and events



Robert Palmer



Troy Kelso



ANZ Staff



Have you liked us on Facebook?

To keep up to date with what's happening at our Centre, please like our facebook page. We'd appreciate it if you can share our page also to help spread the word in our community.

Issue: March 2019

Nelson Cancer Society Newsletter



Welcome to our first newsletter for 2019. We hope you have all been enjoying our long, hot summer although let's hope the recent rain helps ease the dryness and water shortages. We have lots coming up over the next few months with our Heritage Homes Tour in April and our Annual Charity Ball in June. You can find out more about these and what else we've been up to over the last few months. Please remember you are welcome to drop in and see us at anytime, we'd love to see you.



Michelle Hunt
Centre Manager



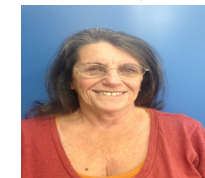
Cyndy Smith
Support Coordinator



Bronwyn Yelverton
Events & Communications



Jayne Marwick
Office & Volunteers



Glenys MacClellan
Accounts Payable

Heritage Homes Tour

As part of Heritage Week we are holding the Heritage Homes tour again on Sunday 7th April with all proceeds being donated to us. Tickets sold out last year and with 7 new heritage homes and 2 heritage buildings to view this year, it's looking like tickets will sell out again.

The tour is from 10am-4pm. Tickets are \$50 which includes a devonshire tea. You can purchase tickets from our Centre at 102 Hardy Street or online from our website www.cancernelson.org.nz



Annual Charity Ball

This years' charity ball will be held at the Trafalgar Centre on Saturday 22nd June with fabulous food, local wines and beverages, entertainment and the opportunity to bid for some amazing auction items. This will be a fantastic night and a wonderful opportunity to support those in the Nelson/Tasman community affected by cancer. You can purchase tickets from our Centre at 102 Hardy Street or online from our website www.cancernelson.org.nz



Daffodil Bulbs Fundraiser

Now's the perfect time to plant your daffodil bulbs in time for spring flowering. We are selling 5 daffodil bulbs for \$5. You can purchase these online from our website www.cancernelson.org.nz (pick up only) or from our Centre.



Banana Box

Thank you to everyone who has bought products from Banana Box, an online fundraiser selling everyday grocery products at great prices. Up to 10% of what you spend will go to Cancer Society Nelson. The donation does not cost you an extra cent as it comes from Banana Box's pocket, not yours. New products are always being added. You can view their full product range on their website www.bananabox.nz



Contact us: 102 Hardy Street (next to Lone Star) or email info@cancernelson.org.nz or phone on 03 539 1137 <https://cancernelson.org.nz/> We would love to see you!

What's Been Happening?

January School Holiday Programme

Some of our families had the opportunity to enjoy a great morning out sailing on the Nelson Harbour on our January school holiday programme. The Tasman Bay Cruising Club kindly hosted this event on two of their sailing boats which was followed by a BBQ lunch. Michelle Hunt and Cyndy Smith from Cancer Society Nelson said it was a fantastic day and it was the first time steering a sailing boat for some!



Shadeloan Scheme

It's been a hot and busy Summer with our marquees and umbrellas booked out for many local community events including The Kai Festival, Teddy Bears Picnic, Kohanga Christmas Party, The Sarau Festival, Race Unity Day and many other local community and school events.



Supporting Our Heroes

The recent fires have been a very distressing time for everyone affected in our community. It was amazing to see so many people donate their time and help those affected. Cancer Society NZ donated sunblock to the firemen who were fighting these fires in extreme conditions. Michelle Hunt, our Centre Manager delivered and thanked them for their amazing efforts in keeping our community safe.



New Colorectal Support Group

We are pleased to support this new monthly group which started in March facilitated by local colorectal cancer survivors. This group is for those who are going through or have gone through colorectal cancer, and their carers/support people.

For more information contact our Centre info@cancernelson.org.nz or our Support Coordinator Cyndy Smith 03 539 1137 / 027 2580075 cyndy@cancernelson.org.nz

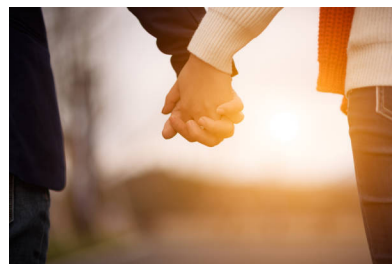
The Personal Stuff-Sex & Intimacy

Speakers: Sharon Wilson (Restore Physio) Gerry Dowse (Psychologist NMDHB)
A Cancer diagnosis and treatment can hugely affect sexuality, intimacy and relationships. Sharon and Gerry will cover the physical, practical, emotional and communication aspects of approaching sexuality and intimacy again after cancer.

Mens Information Evening - April 29 @ 6:30pm-8:30pm

Womens Information Evening - May 13 @ 6:30pm-8:30pm

For more information contact our Centre info@cancernelson.org.nz or our Support Coordinator Cyndy Smith 03 539 1137 / 027 2580075 cyndy@cancernelson.org.nz



Heritage Homes Tour April 7th 2019

The properties on this year's tour are in Nelson, Tahunanui and Stoke and range from a c1848 cob home through to a transitional villa from the early 20th century. Three of the homes on this year's tour are pre-1860, including Holland House in Stoke which is thought to be one of the oldest settlers homes in New Zealand still inhabited. The houses range from simple workers cottages through to some of Nelson's finest most beautifully restored heritage properties. Most of the houses are private homes not normally open to the public and some are not even visible from the street. This year The Nelson Club in Selwyn Place and The Nelson Women's Club in Trafalgar Street will also open their doors.

You will learn about the history of each of the homes and have the opportunity to wander through the gardens of some of the homes.

Devonshire tea is included and this year will be available at The Nelson Club.



Support Groups Up Coming Dates

We have a number of regular support groups including our Survivors & Thrivers, Bosom Buddies, Carers and Colorectal support groups.

Bosom Buddies

April 8 @ 10:00 am - 12:00 pm

May 6 @ 7:00 pm - 8:30 pm

Survivors & Thrivers Motueka

May 21 @ 10:00 am - 12:00 pm

July 16 @ 10:00 am - 12:00 pm

Survivors & Thrivers Nelson

April 9 @ 10:00 am - 12:00 pm

June 11 @ 10:00 am - 12:00 pm

Survivors & Thrivers Takaka

April 3 @ 12:00 pm - 2:00pm

May 29 @ 12:00 pm - 2:00 pm

Carers Group

April 3 @ 7:00pm-8:30pm

May 1 @ 7:00pm-8:30pm

Colorectal Group

April 10 @ 7:30pm-8:30pm

May 8 @ 7:30pm-8:30pm

