



ANNUAL REPORT 2022/23

Te Kāhui Matepukupuku o Aotearoa
Cancer Society Nelson Tasman



CHAIRMAN'S REPORT

Tēnā koutou katoa

It's my pleasure to deliver the Chair report for 2022/2023 year.

The Nelson Tasman Centre of the NZ Cancer Society supports patients and their whanau who are affected by cancer. We continue to enjoy strong support from the local community for which we are very grateful.

Fundraising highlights over the last year include a successful Charity Ball in May which raised over \$115,000 dollars. Daffodil Day in August was also well supported despite the state of emergency in place following the local flood event.

The Nelson Tasman Centre remains busy and productive with amazing staff, we are lucky to have staff that bring such enthusiasm and commitment to their mahi.

Following on from Anga Whakamua, the national governance review, the Nelson Tasman Centre is in process of investigating a potential South Island entity. The Otago / Southland and Canterbury / West Coast Divisions are intending to amalgamate and have invited the Nelson Tasman and Marlborough Centres to be involved in the process. We have the opportunity to influence how a new entity would work, without making a formal commitment to join. We have a representative of the board, Treasurer Ian MacLennan, on the four person Transitional Advisory Group (TAG).

Our centre manager Michelle Hunt is a representative on the Kaimahi advisory group. Any changes to the structure of the Cancer Society Nelson Tasman would involve a vote by local members at a special general meeting. We are conscious that any future change to the structure of the Nelson Tasman Centre needs to ensure the ongoing success of our local centre and the support and engagement with our local community.

We have a strong Board and I would like to thank the board members for volunteering their time and skills. We are lucky to have Jack Fletcher, Miraka Norgate, Kent Gibbons, Andy Malcom, Mary-Jane Reads, Megan Clark and Ian MacLennan as board members. Board member Richard Ussher and our Youth into Governance representative, Ashlyn Hornsby, have recently stepped down and I thank them for their contribution.

Finally, thank you to all the members, supporters and volunteers of the Nelson Tasman Centre who together contribute to the success of the centre.

Ngā mihi nui,



Stephen Neas



TREASURER'S REPORT

A SUMMARY OF THE 2022/23 FINANCIAL YEAR.



Tēnā koutou katoa

I am pleased to report that despite the ongoing challenges of COVID 19 the following financial out turn against budget was achieved.

Subject to any audit adjustments our overall revenue was \$1,145,563 against budget of \$384,400, the majority of the additional income being bequests, while overall expenses were \$727,726 against budget of \$679,516 with a resulting surplus for the year being \$417,837 compared to a budget deficit of \$220,116, noting that this deficit anticipated using some of our historic bequest income for supportive care and bequest expenditure.

The (unaudited) operating surplus is a tribute to the team led by Michelle and we are grateful to the generosity of so many in the Nelson Tasman region who have supported us both financially and non-financially.

Unfortunately we had realised and unrealised losses in value of our investment portfolio of \$185,862 as the NZ and international climate has been challenging and while there is likely to be instability in the short term we are optimistic that the unrealised losses currently facing our investment portfolio will be recovered. I note that after these losses the current value of our investment portfolio is \$523,554 more than the original investments so our long term investment fund performance remains satisfactory, thanks to the assistance from the Jarden team.

In the meantime, a successful start to the new year means we are not having to realise portfolio losses to support the new year's operations.

With the \$417,837 surplus for the year our Accumulated funds has increased from \$3,936,826 last year to \$4,354,663 at 31 March 2023.

I take pleasure in moving that the Treasurer's report and un-audited Financial Statements be received, and that members agree to meet to approve the audited results later in the year once they are available.

Ngā mihi nui,

Ian MacLennan,
Cancer Society
Nelson Tasman Treasurer



CENTRE HIGHLIGHTS

The 2022/23 year started with the nation just coming out of another COVID lockdown, with the office only opening at the end of April. Once again staff had to manage reopening of the office, our services and support groups. The staff were able to pivot and still provide all of our services through our learnings from the previous year. Once again, the impact of COVID restrictions meant that we could not hold our first fundraiser of the year our Heritage Homes Tour, but did manage to hold our Charity Ball mid May with only weeks to organise. Daffodil Day 2022 was not COVID affected instead by a state of emergency with flooding and slips hitting our region! Nevertheless we were once again well supported by our community and were successful in reaching our fundraising totals.

In 2022/2023 we continued to run our eight different support groups throughout our region in Nelson, Tapawera, Motueka and Golden Bay. The school holiday programme continued with fun activities for our families, with Creative art therapy, visit to Fossil Creek Farm and whānau camp at Rotoiti Lodge at St Arnaud.



The Nelson Tasman Cancer Society had the privilege to host for the first time the wider Wellington Division hui in our region at Mārahau Outdoor Education Camp.

The team of Cyndy Smith (Support Coordinator), Bronwyn Yelverton (Communication & Events Co-Ordinator), Jayne Marwick (Office & Volunteer Coordinator/ Retired Dec 22), Victoria Sharp (Volunteer & Events Coordinator/ Started Nov 22) continued to roll with the changing environment, to ensure our services were kept running. I am proud of the team that ensured the continuing service and support to 452 individuals/whānau in these ever-changing times and continue to be adaptable and resilient.

A big thanks also to the heart of our organisation which is our volunteers who this year donated 1230 hours in supporting our ongoing work. Our small team works hard for people in our region with cancer and we are thankful for strong community support and the governance from our proactive Board.

VOLUNTEERING

VOLUNTEERS ARE THE HEART OF OUR ORGANISATION.



Top of the South Motor Show on Saturday 18 February 2023.

During 2022/23 our volunteers donated 1230 hours of their time to the Cancer Society Nelson/Tasman.

Volunteers are the heart of our organisation, their unwavering generosity and time provides support far beyond what our budget allows.

Our scope of volunteering is vast. We have drivers taking people to and from appointments, home visitors offering companionship to those who may socially or physically isolated, office support which frees up staff time to get on with the job at hand and creatives who continually amaze us with the special items they produce such as hope stones, drainage bags and heart pillows.

Fundraising is an integral part of our model, and we could not do it as successfully as we do without volunteer support at events such as our Annual Charity Ball, Relay for Life and of course our flagship fundraiser Daffodil Day held each August.

Our aim moving forward is to continue the love of volunteering by engaging with youth at high school and tertiary level and ensuring that our current volunteers know just how important they really are.



Men's Shed donating wig stand that they make for us to gift



*Hope stones
made by
Robbie Francis*

SUPPORTIVE CARE

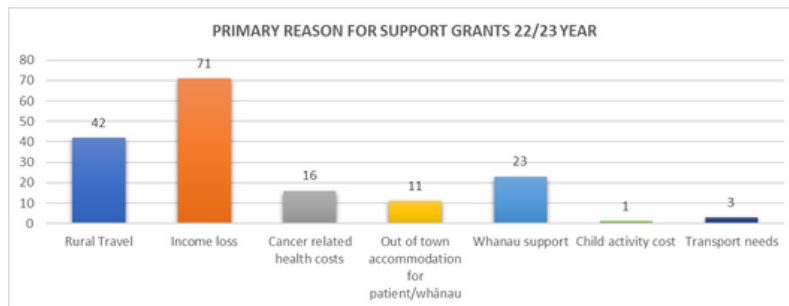
WE ARE HERE TO SUPPORT PEOPLE WITH CANCER AND THEIR WHĀNAU IN THE NELSON TASMAN REGION.

We supported 452 individuals/whānau across the Nelson Tasman region over the 22/23 year, including 279 newly referred and 53 facing reoccurrences, or living with cancer.

Our services continue to be anchored in our communities. After Covid restrictions lifted, we resumed face-to-face support groups, yoga classes and gym programmes across the region. Attendance has built up after a cautious start and people are enjoying connecting again in person. Overall, there were 1108 attendances recorded at our support groups, yoga and gym programmes.

Our yoga classes have been well attended with 3 classes in Nelson and 1 in Motueka weekly. We resumed school holiday whānau activities including an art therapy session, visit to Fossil Creek Farm, and combined Nelson-Marlborough camp at Lake Rotoiti. Our gym programme was able to run 5 times in Nelson with 29 people attending, and from November 22, we extended our gym/rehab support to Motueka and Golden Bay as part of our commitment of rural access to services. In Motueka, 4 people accessed 1:1 PT sessions and free gym membership, and in Golden Bay we funded exercise classes for a client.

Referrals for counselling again increased, up to 104 in total, with around 48% of these being for partners/whānau members.



On average 18-20 counselling sessions are used across the region monthly. We continue to focus on the wider whānau support needs, as often services such as counselling are specifically for the patient. Cost of living pressures on whānau facing cancer are evident with 167 support grants provided, up from 96 the previous year. Of these, 25% related to rural travel and 42% income loss. Overall, 57% of our new clients were working age, facing time off work for treatment or supporting a family member in treatment. We also noted the pressures on people renting, both difficulty finding a new rental; as well as facing rent increases of up to \$50-\$100/week.

New Home Visitor Service - Our Support Coordinator Cyndy and Volunteer Coordinator Vick ran training in February for 13 Volunteer Home Visitors for the Nelson area. Volunteers visit clients who may be isolated for various reasons due to cancer. The service will fill a gap in our support particularly for those not able to access our group programmes. Referrals to this new service managed by Vick started in March 2023. We hope to extend to Motueka and Golden Bay.

HIGHLIGHTS 22/23



104

People given
counselling
support



1 108

Attendances at
support groups



452

Patients and
whānau
supported



167

Financial
support grants

FUNDRAISING

The nation started the year off in Omicron lockdown which meant once again we could not hold our Heritage Homes Tour for 2022.

Our first fundraising event for 22/23 was an art exhibition for Maico Camilo who donated a percentage of all sales, as well as donating a painting for our ball auction. Our annual Ball was held on the 14th May at the Trafalgar Centre, with 200 people attending just out of Covid restrictions. The Cooper Group was our naming sponsor and instrumental in a wonderful & successful evening with \$115,000 net raised, including \$17,000 from the sale of Maico's painting!



The Society also gratefully received two generous bequests from Freda Young and Virginia (Gini) Luck. These bequests are always overwhelming to our team, that people have chosen to support our work in our community.

Throughout the year we had other national fundraisers such as Jump for Cancer, Marathon in a Month and Longest Golf Day, that people in our community signed up to help us raise funds.

Thank you to all of you that took part!



Volunteers Megan Strong, Jan Riley, Don Heslop, Maree Satherley

In August 2022 our annual Daffodil Day street collection did happen, once again under extreme circumstances in a state of emergency with flooding and slips in the region. Our community came together to help support us in firstly coming out to volunteer and secondly in donating to our cause. Sadly Don Heslop who grew daffodils for us for 35 years in Motueka, passed just days before Daffodil Day. Even with all the heavy rain and flooding Don's daffodils were out in perfect timing and condition. He must have been guarding them from above! The Vintage Car Club Daffodil Day Car Rally was postponed till September and was another successful event attended by over 250 cars!

We are so thankful for many individuals that go out of their way to come up with ways to raise funds for our services.

- Master Valet -second hand overall sales
- Team Clark - Hair and beard shave
- Ben Grundy - taxi driving in Dry July
- Heather Holmes - Book sales
- Tasman Moped Club
- Thomas Ngaruhe - Head shave & body wax
- F45 Motueka fundraiser

HEALTH PROMOTION

WORKING TOWARDS A FUTURE WITH LESS CANCER.

Nationally the Cancer Society have proactively lobbied for support for the Smokefree Environments and Regulated Products (Smoked Tobacco), and Sale and Supply of Alcohol (Harm Minimisation) Amendment] Bills that were introduced into Parliament.

Each year in New Zealand, up to 2000 cancer deaths are caused by tobacco, and 940 cancer deaths are due to alcohol. The Cancer Society supports all measures in these Bills because together they will dramatically reduce deaths from cancer. We are actively working with communities and are also seeing positive community support for these measures (as demonstrated by national petitions, community events, surveys and many other activities).

The Smokefree Bill

There are several key measures in this Bill:

- **Smokefree Generation:** creating a Smokefree Generation has widespread support because it will free people from addiction.
- **Low nicotine:** We are particularly supportive of limiting nicotine in cigarettes and other tobacco products. This will have a large impact on reducing deaths from cancer because if introduced, smoking rates for wāhine Māori (20+ years) are likely to drop from 37% to 10% by 2025 and the Smokefree Aotearoa goal will be achieved for the rest of the population.

- **Reduce number of tobacco outlets:** we have also advocated on behalf of our communities to restrict sales of tobacco to a small number of retail outlets, as this will reduce the number of people smoking and prevent relapse. Selling a consumer product that is addictive and deadly in thousands of outlets across the country is unacceptable and is not compatible with our Smokefree Aotearoa 2025 goal. Research in two NZ cities found tobacco is included in only a minority of transactions in convenience stores (14%) and does not drive add-on sales. It is also a security risk.

NZ is well placed to lead the way in ending this entirely preventable tobacco epidemic that kills around 5000 New Zealanders each year, but the Bill's success rests on continuing commitment and robust implementation.

The Alcohol Harm Minimisation Bill is an opportunity to start to address the normalisation of alcohol in our communities and give whānau a better chance to live without alcohol-related cancer. The Bill will importantly protect people from alcohol sponsorship and give communities a say on the availability of alcohol products in their local area. The Cancer Society is very supportive of the measures set out in this Bill and is again seeing high levels of community support for alcohol reform.

HOW WE HELP



Any Cancer, Any Question



Cancer information



Support groups and
work shops



Counselling
services



Exercise and
yoga classes



Transport to
treatment



Patient accomodation



Health



Volunteer visitors at
home



Advocacy



Research

THANK YOU TO OUR SUPPORTERS

THANK YOU TO EVERY PERSON WHO HAS SUPPORTED US - IT ALL MAKES A DIFFERENCE. A SPECIAL THANK YOU TO THE FOLLOWING ORGANISATIONS WHO HELP US CONTINUE SUPPORTING PEOPLE AFFECTED BY CANCER:



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Master Valet Drycleaners

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Storage Nelson

Virginia (Gini) Luck

Z Rutherford



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