

Thank you everyone for coming along!

Relay For Life is an inspiring community event that gives everyone a chance to celebrate cancer survivors and carers; remember loved ones lost to cancer and fight back by raising awareness and funds for the Cancer Society.

1. Survivors and Caregivers Afternoon tea

This will take place Saturday 16th March 2024 at 2.30-3.45 at the Scout Hall and the Birch Hall outside the track. From 2pm Survivors and Carers can collect their sashes from outside Birch Hall and handprint the banner that will lead the first lap.

Please make sure that any Survivors and Carers in your team are signed up to take part.

They can register on the Relay For Life website: <https://relayforlife.org.nz/o/nelson-tasman-relay>
Then scroll down the page to Celebration Lap and click on "RSVP for Celebration Lap".



Celebration Lap

Relay For Life starts with a Celebration Lap, lead by people who currently have or previously had cancer, and people who have supported or are currently supporting someone on their cancer journey. These are the people we relay for.

The support people could be children, spouses, friends, or whānau of people affected by cancer. We recognise that these people play an important part of an individual or whānau's cancer journey and want them to be part of our Celebration Lap.

[RSVP for Celebration Lap](#)

2. Set Up and Start Times 16th March 2024

On Saturday between 12pm-2.30pm you can head down to A&P Showgrounds and set up your site. Enter at main Gate @ Richmond township end - one of our volunteers will meet you at the gate and direct you where to go to enter the centre of the racecourse.

Team Check In – you will then come across an Information gazebo with Relay for Life staff and volunteers ready to check you in. They will give you a site map, confirm where your team site is, give you your team pack with event info, and your event relay baton (don't lose this).

If we have any Iron Duke Sea Scouts available, they will be able to help you set up your tent.

The opening ceremony will start at **4pm**

We ask that all participants be part of the opening ceremony and be assembled by 3:55pm.

We will welcome our Survivor and Carers to the track, at 4:00pm the Opening Ceremony begins. At 4:10pm Survivors and Carers walk the opening lap led by the Nelson Sambassadors.

All participants will be asked to line the inside of the track as a guard of honour for these amazing people and applaud as they go past.

4:20pm F45 Richmond will warm everyone up and get the excitement building

4.25pm All participants will be asked to line up at the start line and Relay for Life Nelson Tasman officially begins!

Motueka Centre

Kōwhairangi
96 High Street, Motueka 7120
03 528 7669

Nelson Centre

102 Hardy Street, Nelson 7010
PO Box 335, Nelson 7040
03 539 1137

3. Candle Bags

Your registration also includes a candle bag, there will be a candle bag tent that you can decorate your bag at, or you can pick one up beforehand to decorate at home earlier if you prefer. They will also be given out in your team packs at the next meeting at the A&P Showgrounds on the 13th March.

4. Competitions/Prizes

There are prizes for the

- Best Dressed Team
- Best Themed Tent
- Highest Team Fundraisers
- Highest Individual Fundraiser
- Spirit of Relay

& Spot prizes!

5. Map

On the map you can see the layout and the site numbers. Let us know if you have a preference of camp.



6. Food Stalls

We don't have many so if you want to run a food stall as a team fundraiser (e.g fish burgers) please contact us to arrange. Please pack your own food also. We have 2 coffee carts, ChurBol, Black & Orange Catering trucks, whitebait stand, juice van, sausage sizzle (team fundraiser).

7. Entertainment

We have great live entertainment up to 9.30pm till the Candlelight Ceremony, then an outdoor movie (11pm – 1am) sponsored by One Dental, and then a silent disco (1am-3am) sponsored by Richmond Preschool. We will also be adding to the fun by having some themed lap changes every 2 hours!

8. Fundraising

Thank you all for the amazing fundraising efforts that you have put in so far with over \$40K raised of our total of \$100K! This helps us support over 500 people and whānau in our community with cancer (fundraising update since meeting, we are now at 55k)

If you need any help with creating comm's like posters etc then let us know and we can help!

We also have 6x 20 litre tubs of ice cream if any team wants to use this as a fundraiser. Let us know!



Register now!

**Relay For Life
Nelson Tasman**

16/17 March - Richmond Showgrounds
relayforlife.org.nz/nelontasman

Cancer Society RELAY FOR LIFE

PROUDLY BROUGHT TO YOU BY G.J. Gardner HOMES

www.relayforlife/nelontasman



WIN!

Tickets \$50

A Yaris Cross Limited Hybrid with Two Tone Paint
Valued at \$45,390

Enter to Win

Car Raffle

www.cancernelson.org.nz/win

www.cancernelson.org.nz/win